



# MENU



January 20<sup>th</sup> - January 24<sup>th</sup>

## BREAKFAST

## LUNCH

## SNACK

MONDAY

M- Yogurt w/ Granola  
Muffins  
T- Sausage biscuits  
w.cheese  
Fresh Fruit  
Milk

Beef Sticks  
Green Beans  
Mixed Fruit  
Whole Grain Bread  
Milk

Fig Bars  
w/ Cheese  
Water

TUESDAY

Cheerios  
Fruit & Grain Bar  
Fresh Fruit  
Milk

Chicken Tenders  
Broccoli  
Mandarin Oranges  
Whole Grain Bread  
Milk

Cheddar Rice  
Cakes  
Apple Slices  
Water

WEDNESDAY

French Toast Sticks  
w/syrup  
Turkey Bacon  
Fresh Fruit  
Milk

Turkey Meatballs w/ Gravy  
Mashed Potatoes  
Apricots  
Whole Grain Bread  
Milk

Ritz Bitz  
w/ Cheese  
Water

THURSDAY

Bagels w/ Cream  
Cheese or Jelly  
Fresh Fruit  
Milk

Beef Tacos w/Cheese  
Corn  
Pears  
Milk

Pretzels  
w/ Raisins  
Water

FRIDAY

Chicken Biscuit  
Egg Patty  
Fresh Fruit  
Milk

M- Turkey Corn Dogs  
T- Chicken Quesadillas  
Veggie Baked Beans  
Pineapple  
Milk

Granola Bar  
w/ Fruit Snacks  
Water

A doctor's note must be on file for all food related allergies, parents will be responsible for food substitutions. **We are a peanut and tree nut free facility!**